



YOU'RE INVITED TO OUR INFORMATION
SESSION ON...

SUPPORTING YOUR CHILD WITH BEHAVIOUR

Wintringham Primary Academy
Friday 6th November
9am - 10am

with..
The
Mental Health
Support Team



FREE

Babies and
pre-school
age children
are
welcome to
join

This session will provide you with **information** to increase your understanding of your child.

We will talk about how to **recognise** when your child may be feeling overwhelmed and **identify** some of the possible reasons they may be struggling.

We will then introduce some **strategies** to help your child manage these big feelings!