

**Personal, Social and Health Education Policy which includes Relationships and Sex Education and Drugs and Alcohol Education
Wintringham Primary Academy**

2023-2024 Teaching Sequence



| Autumn Term A | Autumn Term B | Spring Term A | Spring Term B | Summer Term A | Summer Term B |
|----------------------|-------------------------|------------------|------------------|------------------|------------------|
| Being Me in My World | Celebrating Differences | Dreams and Goals | Healthy Me | Relationships | Changing Me |

| EYFS | Year 1/2 | Year 3 | Year 4 | Year 5 | Year 6 |
|-------------|--|---------------|---------------|---------------|---------------|
| EYFS Scheme | A - Year 1 Scheme B - Year 2 Scheme | Year 3 Scheme | Year 4 Scheme | Year 5 Scheme | Year 6 Scheme |

Below is a summary of RSE coverage within the Jigsaw scheme for each year group:

- EYFS - Growing up: how we have changed since we were babies
- Year 1 - Boys' and girls' bodies; naming body parts
- Year 2 - Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is)
- Year 3 - How babies grow and how boys' and girls' bodies change as they grow older
- Year 4 - Internal and external reproductive body parts, body changes in girls and menstruation
- Year 5 - Puberty for boys and girls, and conception
- Year 6 - Puberty for boys and girls and understanding conception to birth of a baby

PSHE = Personal, Social and Health Education

RSE = Relationships and Sex Education