

Wintringham Long Term Plan

Year group	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
PS/R	Agility	Balance	Coordination	Multi – skills	Multi Skills	Multi Skills
1/2	St Neots F.C – Tuesday pm Agility	St Neots F.C – Tuesday pm Balance	St Neots F.C – Tuesday pm Coordination Gymnastics	St Neots F.C – Tuesday pm Multi - skills	St Neots F.C – Tuesday pm Small, sided games	St Neots F.C – Tuesday pm Introduction to Sports
3/4	St Neots F.C – Tuesday pm Tag Rugby Fitness and Health	St Neots F.C – Tuesday pm Lacrosse Hockey	St Neots F.C – Tuesday pm Gymnastics Dance	St Neots F.C – Tuesday pm Netball Football	St Neots F.C – Tuesday pm Cricket Tennis	St Neots F.C – Tuesday pm Rounders Athletics/Sports Day Practice

St Neots F.C. are PE specialists who provide PPA cover.