



Breck Foundation is coming to your school...

Who are we and what do we do?

We are a Southeast England-based charity with national relevance and impact, founded in 2014 in response to the tragic loss of Breck Bednar, a 14-year-old boy who was groomed and murdered by someone he met online. Our work aims to prevent this from ever happening again.

We reach thousands of children and young people in schools and other community settings with Breck's story every year. Our talks and educational materials fill a gap in the current UK curriculum that otherwise leaves children vulnerable to online grooming and exploitation.

What will your child learn?

We deliver educational sessions in schools for children from the age of 5 up to 18, but also for parents, teachers, governors and all school staff. Using Breck's story, we deliver powerful, compelling online safety presentations to educate everyone on the dangers that children and young people face online from grooming, exploitation and abuse, as well as from exposure to inappropriate or harmful content.

To find out more about our sessions please see our website:

www.breckfoundation.org/speaker-sessions

FAQs

What should I do if I have concerns about the content of the presentation?

We make sure that the content of our talks is age-appropriate, but if you have any concerns, please contact the school staff member organising this event.

What should I do after the presentation?

- Speak to your child about what they thought of the presentation.
- Ask if they have any concerns about the subject.
- Reassure your child they can talk to you about any concerns relating to online behaviour.
- Remind them to look out for their friends too.

Your school will be provided with post-presentation packs for parents that they can send on, if they do not do so, please remind them!



Breck Foundation: What's included in the session?

Primary School

We deliver **age-appropriate online safety sessions** in primary schools for children in Key Stages 1 and 2. These engaging sessions are typically delivered to **two year groups at a time** and are designed to highlight online safety, security, and where to go for help -all in a way that's accessible and appropriate for each age group.

Sessions for each age grouping include:

KS1:

This session focuses on online safety tips, including:

- How to stay safe online
- What to do if they encounter something upsetting or unkind
- Encouraging children to speak to a trusted adult

KS2:

Schools can choose between **two presentations options**. Your school will confirm which sessions your students will receive.

Presentation 1: Online safety

- Online safety tips tailored to older primary pupils
- What to do if they encounter bad behaviour online
- Introduction to the concepts of **catfishing** and **grooming**

Presentation 2: Breck's Story

- Breck's story, told in a sensitive and age-appropriate way
- Understanding grooming: what it is and how to spot the signs
- Where to find help
- Safety in Gaming





Breck Foundation: What's included in the session?

Secondary School

Our secondary school sessions are **tailored to be age-appropriate** for the year groups we're speaking to. We typically present to two year groups at a time, with hour-long sessions that include time for questions and discussion.

These sessions include detailed references to Breck's story, information on staying safe whilst gaming, how to spot grooming on social media as well as more focused information on online grooming, such as:

- Learning the signs of grooming
- Speaking up and reporting (including, how to tell someone you think you've found a groomer or are being groomed)
- Where to find help (this can be customised to a school's specific services/specialists and signposts teachers and parents)

We also include references to:

- County lines
- Radicalisation
- Gang recruitment
- Sextortion

These are all types of grooming young people may come across as digital natives. We often customise the information that we share in our presentations for different schools, especially if a school is facing a particular problem that they would like highlighted.

Brecks Last Game: Secondary school students also watch our film, Breck's Last Game. This is officially rated a 15 certificate for cinematic use. However, within an educational setting and with the correct facilitation from a Breck Foundation Speaker the film is widely seen as a valuable educational tool.

We always abide by the discretion of individual schools as to whether it would be suitable for their students - the link to this film is [here](#).

Parent session from Breck Foundation

There has been an 89% increase in online grooming crimes over the last six years *NSPCC (2024)* - and **More than 300 million children a year are victims of online sexual exploitation and abuse** *ChildLight (2024)*. This is a growing problem that we cannot ignore.

9 out of 10 young people say they would act differently online after having a Breck Foundation workshop -which means every young person we can reach is potentially another saved from experiencing life-changing online abuse*. By attending a parent talk you can understand what we taught your children and the ways you can support them to stay safe. Nothing is more important to us than the safety of your children.

Your Breck Foundation Session:

Date: [Monday 5th January](#)
Time: [6.00pm](#)
Zoom Link: [https://06web.zoom.us/j/83674931733?](https://06web.zoom.us/j/83674931733?pwd=VKRLkbuplautycyzzSb5UTXcHzPBTK.1/us)
Zoom Link: [pwd=VKRLkbuplautycyzzSb5UTXcHzPBTK.1/us](https://06web.zoom.us/j/83674931733?pwd=VKRLkbuplautycyzzSb5UTXcHzPBTK.1/us)
Password: [Meeting ID: 836 7493 1733](#) [Passcode: 289140](#)

Really interesting to hear how Lewis isolated Breck from his friends & to hear the way Breck seemed to accept his parents' concerns. but in reality, he was still in contact & passing on information to Lewis. A very eye-opening account of what happened.

Parent feedback - St. Cuthbert's Catholic Primary School - 2023

Parent and carer talks are a great opportunity to highlight the importance of communication with our children about the dangers they face online every day. This ultimately increases the family's wellbeing by opening lines of communication.

These sessions include:

- Breck's story - a real-life story of what could happen to your child.
- Who or what is an online groomer and what are the types of grooming your child may be exposed to?
- How to have that awkward parent-child conversation, gaining trust and sharing your concerns about online safety.
- Where to find and how to get help if your child is facing online abuse
- A showing of Breck's Last Game

Each session also makes reference to what your children have learnt or will learn from our sessions. So that you as parents can talk to them about it and make sure they stick to healthy habits that keep them safe.