

Wintringham Primary Academy

Part of The Diamond Learning Partnership Trust
Established in the Queen's Jubilee year 2012

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CEO: Mrs Susannah Connell BSc MA (Ed Mgt) NPQH
Executive Headteacher: Mrs Tracy Bryden BSc Hons PGCE

10th June 2025

Dear Parents & Carers

PHSE for Year 5 & 6 Pupils

In the summer term, Year 5 and 6 will be starting to think about some of the changes that are happening to them. These include moving on to different schools and how their bodies are or will start to change as they move into adolescence. A large amount of the theme will be looking at how these changes will make us feel and how to deal with changing emotions.

As part of this programme we shall be using interactive material, part of which is produced by the BBC especially for older junior pupils. The teaching programme is for Year 5 and 6 involves;

Unit	Section	Content
Growing up	Physical Changes (puberty)	Periods
		Wet dreams
		Hygiene
	Emotional Changes	Feelings about self Feelings for different people
Cycle of life	Sexual reproduction	How babies are conceived
	Birth	How babies are born Gestation
	Sexuality	
	Change and loss	
Feelings	Managing feelings	
	Respecting others feelings	
	Keeping safe	Appropriate touching
		Internet safety
Resisting negative peer pressure		
Asking for help		
Family Life	Different family patterns	
	Marriage and partnerships	
Friendships	Making friends	
	When friendships go wrong	

May I remind you, that although sex education is now part of the school curriculum, it is still your right to withdraw your child if you should wish to undertake this duty as parents. If you should wish to withdraw your child from sex education at school, please discuss this with me.

Yours sincerely



Mrs Tracy Bryden
Executive Headteacher
On behalf of Wintringham Primary Academy (part of TDLPT)

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