

# Wintringham Primary Academy

Part of The Diamond Learning Partnership Trust  
Established in the Queen's Jubilee year 2012

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8<sup>th</sup> March 2024

Dear Parents & Carers



We have some exciting news for you! We are taking part in the 15<sup>th</sup> year celebration of Sustrans Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge. The challenge runs from 11<sup>th</sup> – 22<sup>nd</sup> March 2024. It's free to take part and we would love everyone to be involved.

## What do you need to do?

Encourage your child(ren) to walk, scoot or cycle to school on as many days as possible during the event.

## Why we are taking part

Sustrans Big Walk and Wheel is a great way to build physical activity in children's daily routine which is important for their physical health and mental wellbeing.

Active school runs also help to reduce congestion and air pollution outside the school gate. [A 2021 YouGov study](#) showed nearly half of UK children worry about air pollution near their school,

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and that children thought active travel was the best away to bring down these pollution levels. Plus, there are some great prizes to be won every day if we get enough children taking part!

### **Useful resources**

To help you prepare, Sustrans has developed a handy free guide to walking, cycling or scooting to school. It is packed with advice to help you have hassle-free journey to school.

[Download your free family guide](https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/) using this link: <https://www.sustrans.org.uk/sign-up-to-receive-your-free-school-run-guide/>

For more information about the event go to [www.bigwalkandwheel.org.uk](http://www.bigwalkandwheel.org.uk) . Enjoy the challenge!

Yours sincerely

A handwritten signature in black ink that reads "Tracy Bryden". The signature is written in a cursive style with a horizontal line underneath the name.

Mrs Tracy Bryden  
Executive Headteacher  
On behalf of Wintringham Primary Academy (part of TDLPT)