

At Wintringham Primary Academy, our PSHE curriculum is designed to nurture confident, respectful and resilient children who are equipped with the knowledge, skills and attributes they need to thrive both now and in the future. In line with statutory guidance from the Department for Education, the curriculum fulfils the requirements for Relationships Education and Health Education while reflecting the values and context of our school community. Through our PSHE provision, we promote positive mental health and emotional wellbeing, develop pupils' understanding of healthy and respectful relationships, and equip children with the knowledge and strategies they need to keep themselves safe, including online. The curriculum also supports pupils in developing resilience, independence and self-regulation, while preparing them for life in modern Britain. In addition, we aim to build pupils' economic awareness and understanding of financial responsibility, and encourage respect for diversity and equality in line with the Equality Act 2010.

Implementation

Sequencing and Progression

Learning is sequenced progressively from EYFS to Year 6, following a spiral model. Our lessons are created around the following six strands:

- Being me in my world
- Celebrating difference
- Dreams and goals
- Healthy me
- Relationships
- Changing me

Assessment and Feedback

Each class maintains a dedicated floor book, which provides a shared record of learning and allows pupils to revisit, reflect upon and discuss previously explored themes. This supports knowledge retention and encourages meaningful reflection over time.

PSHE lessons are highly discussion-based, enabling teachers to provide immediate, responsive feedback. Through purposeful dialogue, misconceptions can be addressed in the moment and understanding can be deepened effectively.

The Living Curriculum

NSPCC Number day is celebrated each year as a whole school, annual event.

Mental Health Week is used as a time to further highlight the importance of mental health.

Outside agencies, such as Childline, run events at the school to raise awareness and prompt discussion.

Productions from organisations, such as Stageworks, continue to raise the profile of key issues.

Outside agencies, such as the Breck Foundation, speak to children, staff and parents about the importance of online safety.

A selection of wellbeing clubs are run by the school.

There is a staff Mental Health Team Staff that includes Mental health first aiders.

Bench buddies have been introduced to promote positive relationships at break times

Impact

At Wintringham Primary Academy, our PSHE curriculum ensures that pupils develop the confidence, resilience and emotional literacy needed to succeed both in school and beyond. By the time they leave us, children are able to build positive relationships, respect diversity, manage their wellbeing and understand how to keep themselves safe, including online. Pupils will demonstrate empathy, tolerance and a strong sense of right and wrong, reflecting our commitment to equality in line with the Equality Act 2010. They will know how to seek help when needed and understand key safeguarding messages, supporting our responsibilities under Keeping Children Safe in Education. As a result, our pupils are well prepared for the transition to secondary school and are equipped to become responsible, respectful and active members of their community.

Useful Links

